

WEEK ONE

# 2022/2023 Menu

Designed by  
RHIANNON SUTCLIFFE

	Main	Vegetarian	Snack Attack	Deli Counter	Pudding
# Spud U Like	Freshly Baked <b>JACKET POTATOES</b> With a choice of toppings (D)(F)		Pizza Panini (W),(D)	Freshly made sandwiches, baguettes, Wraps, Chilled Pasta Pots, Salads, Fresh Fruit Pots & Yoghurts  <b>CHOOSE FROM A SELECTION OF</b>	Fresh Fruit & Yoghurt available daily  Artic Roll (W), (D)
Tuesday	Sausage, Wedges & Baked Beans(W)	Vegetable Dippers, Wedges & Baked Beans(W)	Pasta Pot with Zingiate sauce (W)		Chocolate Crunch (D)
Wednesday	Roast Pork, Stuffing, Gravy & seasonal vegetables(W)	Quorn Chicken Pie with Gravy & Seasonal Vegetables (W)	Tuna & Cheese Panini (W),(D),(F)		Apple Crumble & Custard (W),(D)
Thursday	Chicken Tikka Masala & 50/50 rice (W),(D)	Pasta Bake with Sweet chilli vegetable sauce & cheese(w),(D)	Jumbo Hot Dog (W)		Strawberry Mousse (D),(E)
Friday	Oven Baked Fish with Chips & Garden Peas (W),(F)	Tomato & Cheese Pizza With Chips & Garden Peas (W),(D),			Vanilla Iced Sponge (W),(D),(E)

## Allergen Legend



(W) WHEAT/GLUTEN  
 (E) EGGS  
 (F) FISH  
 (D) DAIRY / MILK

