

The EEF 5-a-Day Principles How We Support Every Child to Succeed

At PMS, we use the EEF 5-a-Day Principles to help all children learn successfully in the classroom. These approaches are especially helpful for children with additional needs.



1. Clear Teaching (Explicit Instruction)

We break learning down into small, manageable steps and clearly explain what children need to do.

- Teacher modelling examples
- Clear explanations and instructions
- Checking understanding regularly
- Revisiting important learning

Why it helps: Children know exactly what is expected and feel more confident when learning new skills.

2. Helping Children Think About Their Learning (Metacognition)

We encourage children to reflect on how they learn and what strategies help them succeed.

- Talking about learning strategies
- Setting targets
- Green pen reflections
- Reflecting on successes and challenges
- Encouraging problem-solving

Why it helps: Children become more independent and resilient learners.

3. Providing Support (Scaffolding)

We give children the right amount of support to help them achieve success while building independence.

- Visual aids and prompts
- Writing frames and checklists
- Concrete/practical tools
- Adult guidance when needed (academically, socially or for communication)

Why it helps: Children can access learning successfully without becoming overwhelmed.

4. Learning Together (Flexible Grouping)

Children work in different groups depending on the activity, helping them learn from and alongside others.

- Partner work
- Small group activities
- Teacher-led groups
- Opportunities to work independently

Why it helps: Children develop confidence, communication skills and understanding.

5. Using Technology

Technology can remove barriers to learning and help children access the curriculum more effectively.

- Reading support software
- Visual resources and videos
- Assistive technology where appropriate

Why it helps: Children can show what they know and participate more fully in learning.

Working Together

Every child is unique. These five principles help us create an inclusive classroom where all children can thrive, develop confidence and achieve their potential.